

Discounts for Seniors

There are discounts to be had at restaurants and shopping for seniors. Here are some of the discounts that I have found. If you know of any discounts, please post them so that I can add them to my list.

Restaurants:

IHOP: IHOP offers a 55+ menu for seniors with reduced prices on several breakfast, lunch, and dinner options.

Denny's: Get 15% off your meal every Thursday between 2pm and 10pm. Available to 55+ seniors only. Denny's also has a 55+ menu with reduced prices.

Humpty's Restaurant: Join the Emerald 55 Club and get a 10% discount on all food and beverage purchases at Humpty's 45 restaurants across Western Canada. 55+ Seniors also receive a 20% discount every Tuesday.

Taco Bell: offers free drink to seniors (60+).

Wendy's Restaurant: offer free drinks to seniors (55+).

Groceries and Liquor:

M&M Food Market: Seniors who are 60 years of age or older get a 10% discount on all regular-priced items. Gift cards are excluded.

Bulk Barn: Seniors 65+ save 10% every Wednesday. ID is required.

Nutters Everyday Naturals: Seniors are eligible to get 10% discount on Seniors Day (Mondays) in stores located in western Canada (60+).

Sobey's: Get 10% off your groceries on the first Tuesday of the month which is tagged "Customer Appreciation Day".

McGavins Bread Basket: offers 10% discount on Wednesdays (60+).

Safeway: offers 10% off First Tuesdays of each month, Customer Appreciation Day, minimum \$35, with Safeway Card

Amaranth Foods: Seniors (65+) get 10% off on Tuesdays at Amaranth locations in Calgary and St. Albert. It is also known as "Senior's Tuesdays".

Liquor Depot: Seniors over 65 get 5% off their purchases on Tuesdays. Available in Alberta and B.C.

Pharmacy Discounts:

Shoppers Drug Mart: Shoppers Drug Mart offers a 20% discount to seniors 55+ every Thursday when you use your PC Optimum Card. You can save up to \$50. Note that some items are excluded including lottery tickets, gift cards, tobacco, and alcohol.

Rexall Pharmacy: Rexall's Advantage 55+ program offers a 20% discount on the last Tuesday of the month to customers aged 55 and older.

Pharmasave: Seniors who are 55+ get a 15% discount on the first Wednesday of every month to celebrate Senior's Day.

Retail Discounts:

Hudson's Bay: Hudson's Bay offers a Timeless Style Tuesday discount on the first Tuesday of the month to seniors aged 55 or older. You can also get special discounts by registering for the HBC Rewards Program.

Banana Republic: Most Banana Republic stores offer 10% senior's discount which varies by store location and day of the week (60+).

Northern Reflections: offers 10% on first Tuesday of the month (60+).

Value Village: Get a 30% discount on your order every Tuesday at participating Value Village stores.

Goodwill: Goodwill community stores at several locations in Ontario and Alberta offer a Senior Day when seniors aged 55+ get a 25% discount on the second Monday of each month.

Salvation Army Thrift Store: Seniors who are 60 years and older get 10% off at participating Salvation Army stores.

Michael's: Michael's has a 10% senior discount for individuals who are 55 years or older.

Global Pet Foods: Global Pet Foods offers a 15% discount on in-store purchases on the last Tuesday of every month. This discount is available to seniors who are 60+.

Pet Valu: Save 10% on Senior's Day (last Thursday of every month) if you are at least 60 years old.

Banking Discounts:

CIBC: The CIBC Smart for Senior Program is available to seniors starting at age 65. You get discounts off your chequing account, free bank drafts and money orders, and a \$5 discount on the annual rental fee for a safety deposit box.

BMO: Seniors aged 60 and older can get a free BMO Practical Plan Chequing account or a \$4 discount on all other BMO chequing plans.

RBC: RBC's Day to Day Banking is offered to seniors aged 65 or older without a monthly fee. You get 12 free debit transactions each month.

Scotiabank: Seniors 60 and older can apply for a free Basic Bank Account chequing plan with 12 free transactions per month. They also get a \$4 discount off other Scotiabank Chequing accounts.

TD: TD's Minimum Chequing Account is free for seniors aged 60 and older who are recipients of the Guaranteed Income Supplement (GIS). It normally costs \$3.95/month.

Canadian Western Bank: Get the Gold Leaf PLUS Account for a \$0 monthly fee when you turn 57. It includes unlimited transactions, a \$15 discount on safety deposits box rentals, and complimentary cheques.

Servus Credit Union: Its Senior Unlimited chequing account is available to seniors from age 60. This account has no monthly fees and includes unlimited transactions, 100 free cheques per year, 5 free overdrafts, and a \$10 discount on safety deposit boxes. Check their website for applicable service fees.

ATB Financial: ATB Financial in Alberta offers a Freedom Account for seniors starting at age 59. This account has no monthly fees and includes unlimited transactions, free personalized cheques, and more.

Travel Discounts:

BC Ferries: Seniors aged 65 and older in BC can travel for free on Monday to Thursday on select routes. You will need to show a valid ID and the discounts don't apply during statutory holidays.

Via Rail: Via Rail gives Seniors who are 60+ a 10% senior discount. If you are a CAA member, you receive an extra 10% off.

CheapOAir: Seniors get discounts when travelling via CheapOair.ca domestically and internationally. Call to confirm what is available.

Amtrak: Seniors aged 60 and older can get a 10% discount on cross-border travel operated jointly by Amtrak and VIA Rail Canada.

Cruise Lines: Seniors from age 55 get special discounts on select cruises with Royal Caribbean and Carnival.

Entertainment Discounts:

Canadian Museum for Human Rights: Seniors who are 65+ get a discounted ticket to visit. ID is required. Located in Winnipeg.

Canadian Museum of Nature: Seniors aged 65 and older get discounted tickets (\$14) to the Canadian Museum of Nature. The regular fee is \$16 for adults.

Canadian Museum of History: Seniors get a \$2 discount off the regular adult ticket which costs \$20.

Royal Ontario Museum: Senior citizens save \$5 off the entry fee and pay \$18 compared to the regular \$23 for adult admissions.

Canadian War Museum: Seniors aged 65 and over pay \$15 for admission compared to the regular \$17 fee.

Vancouver Art Gallery: The Vancouver Art Gallery provides free admission with a donation to all seniors who are 65 years and older on the first Monday of every month (10am-1pm). Seniors can also save on membership fees.

Toronto Zoo: Seniors 65 and over get deep discounts on membership fees at the Toronto Zoo. You can apply as an individual or a couple.

Hockey Hall of Fame: A discounted admission rate is available to seniors aged 65 and older.

Parks Canada: Seniors 65 and older save on the annual Discovery Pass as well as on single location passes.

The Canadian Canoe Museum: Seniors save on membership fees at this museum.

Winnipeg Art Gallery: The admission fee is discounted from \$18 to \$15 for seniors who are 65 and older.

Royal Canadian Mint: Every Canadian coin in circulation was produced at this location. Seniors get a slight discount from \$8 to \$7.

Jurassic Forest: Seniors 60 and older get a \$3 discount on daily admission passes.

Cineplex: Seniors aged 65 and older get a discount on general admission tickets at participating Cineplex Odeon, Galaxy, Scotiabank Theatre, and SilverCity Cinemas.

Landmark Cinemas: Seniors 65+ get 20% off admission prices and concession purchases every Monday.

Hotel Discounts:

Choice Hotels: Choice Hotels offers travellers over 60 up to a 10% discount. If you are a CARP member, you get up to 20% off room rates.

Wyndham Hotels: Guests 60 years and older get a special senior rate (up to 10% off) at participating Wyndham hotels including Days Inn, Ramada, and Travelodge.

Hilton: CARP members can save up to 20% at Hilton-branded hotels including Embassy Suites, Hampton, Hilton Garden Inn, and DoubleTree.

Sandman Hotel Group: Seniors save 25% on room bookings and 10% off purchases at on-site restaurants including Denny's, Moxie's Grill & Barr, and the Shark Club.

Best Western: Guest who are 55+ save up to 15% on room rates at Best Western Hotels and Resorts.

InterContinental Hotel Group: All IHG offer discounts to seniors from age 62. You can confirm the rate by calling 1-877-424-2449.

Fairmont: Seniors get up to a 25% discount at Fairmont Hotels. CARP members can also get 1 complimentary night and a \$25 meal or spa credit at participating locations.

Car Rental Discounts:

Avis: Save up to 25% on your rental car as a CARP member.

Budget: Seniors with a CARP membership get up to 25% off Budget car rentals in North America.

Thrifty: Renters who are 50 years or older get a 5% discount via Thrifty's Silver Club program.

Europcar: CARP members save up to 20% when they rent from Europcar.

Hertz: Hertz has a Fifty Plus program that offers travellers from age 50 and over savings of up to 20% off base car rental rates.